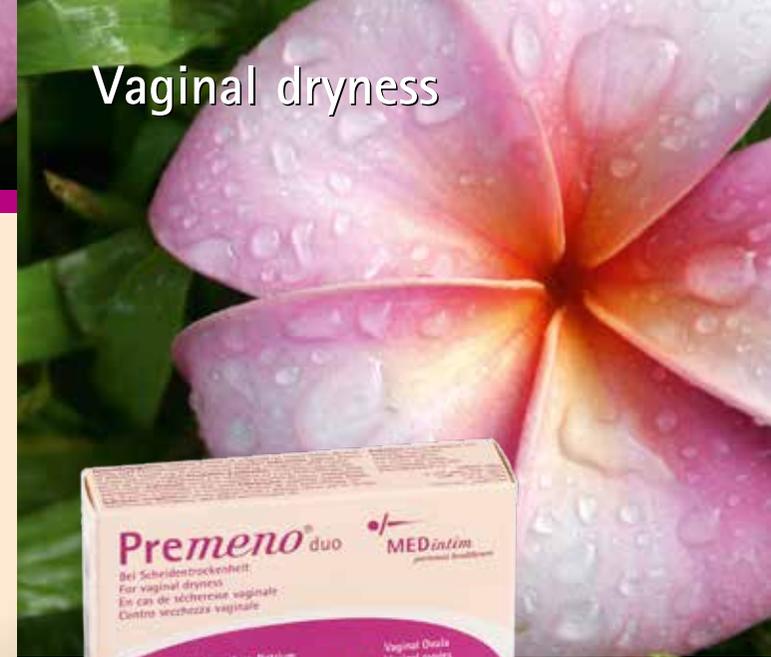




# Vaginal dryness



## Premeno® duo – easy to use

### Dosage in bacterial vaginal infections during menopause:

**Loading dose:** Insert 1 ovule in the evening at bedtime for 10 consecutive days.

**Maintenance treatment:** For a long-lasting effect, for as long as desired, insert one ovule every 3 days.

### Dosage during and/or after treatment with an anti-fungal product:

For 20 days, in the evening at bedtime, insert one ovule into the vagina. In the case of a one-day anti-fungal treatment, wait 5 days before starting to use Premeno® duo.

### To prevent and treat dry vaginal epithelium:

**Application:** one ovule every three days.

Using a finger or an applicator\*, insert the vaginal ovule as deeply into the vagina as possible where it will then completely dissolve within a few minutes.

\* available at pharmacies

Premeno® duo duo is an OTC medical device available at pharmacies, specialist retailers and through mail order. The vaginal ovules are packed hygienically in individual doses. No preservatives were added.

For further information, please go to:  
[www.premeno.eu](http://www.premeno.eu)

**Ingredients:**  
Sodium hyaluronate,  
lactic acid, sodium lactate

**Contents:**  
10 ovules (suppositories)

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Deutschland

 0124

Medical Device  
Made in Germany

Worldwide distribution rights:

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# Premeno® duo

Vaginal ovules for vaginal dryness

Contain hyaluronic acid and lactic acid

- natural
- hormone-free
- paraben-free

[www.premeno.eu](http://www.premeno.eu)

  
**MEDintim**  
personal healthcare



## Properties of Premeno® duo vaginal ovules

- hormone-free
- promote wound healing
- regulate vaginal moisture levels
- long-lasting efficacy
- free from preservatives
- paraben-free
- contain no plant-based additives such as tea tree oil or aloe vera
- tasteless and odour-free
- very well tolerated
- excellent lubricating properties
- inhibit the growth of *Candida albicans* – the most common cause of vaginal mycosis
- does not contain any ingredient of animal origin

## Vaginal dryness ... Many women would rather not talk about this issue.

About one in five women is suffering from vaginal dryness. During or after menopause, every other woman is affected.

### A number of factors can contribute to vaginal dryness:

- hormonal changes during and after menopause
- changes in the hormonal household after having given birth or while breastfeeding
- intake of hormonal preparations
- during and after cancer treatment (chemotherapy)
- stress of various origin
- insufficiently controlled high blood pressure

### Vaginal dryness is characterized by:

- a burning sensation
- itching
- pronounced feeling of vaginal dryness
- pain during intercourse
- tears in the vaginal skin

These ailments can severely limit quality of life and when left untreated, can lead to chronic infections. The number of infections, caused by vaginal dryness also increases.

Premeno® duo is the first ovule that regulates the vaginal moisture as well as the natural pH balance to prevent infections.

## Premeno® duo – double mechanism of action regulates moisture and pH balance.

The vaginal moisture contents are primarily controlled by the female sex hormone oestrogen.

An oestrogen deficiency can lead to a decrease of the hyaluronic acid concentration in the vaginal skin, thus leading to a decrease of moisture, elasticity and tissue stability. A decrease of the oestrogen concentration also leads to a reduced production of lactic acid in the vaginal wall. The natural, acidic pH balance increases and the vaginal flora is not sufficiently protected from infections.

Hyaluronic acid and lactic acid, the active agent components contained in Premeno duo vaginal ovules, are naturally present in the body. The potential of experiencing side effects is very low.

Due to its great capacity of binding water, **hyaluronic acid** has a balancing effect on the vagina's moisture contents. At the same time, it also promotes wound healing in tissue, leading to a faster healing of tears and fissures associated with vaginal dryness.

**Lactic acid/sodium lactate combination** adjusts the vagina's natural pH balance ranging from 3.8 – 4.5 and promotes a decreased risk for infection.

Since their effects on the vagina have never been examined, no plant-based additives such as tea tree oil or aloe vera are used on purpose.