Note:

- Contra
gel®
green does not offer protection from sexually transmitted diseases
- Contra
gel®
green used without a diaphragm or cervical cap offers no contraception
- Water soluble and usable with natural rubber or polyurethane condoms

Ingredients:
Water, lactic acid, sodium lactate, cellulose, sorbic acid, vanillin

Contents:
60 g gel

Storage:
Store in a cool and dry place. Always keep the tube closed. Use within 3 months of opening.

Available in pharmacies, specialist retailers or directly from KESSEL MEDintim.

PZN 04116596
EAN 40 13273 000208

Contra
gel®
green

Contraceptive gel to be used with diaphragms or cervical caps

Contra
gel®
green is a contraceptive gel to be used with the contraceptives diaphragm or cervical cap. The safety of these contraceptive methods is increased when using Contra
gel®
green.

Application
Before inserting the diaphragm or the cervical cap, place about one teaspoon (about 4 ml) of Contra
gel®
green into the diaphragm or cervical cap. Please also note the instructions of your diaphragm or cervical cap.

Mechanism of action
Contra
gel®
green forms an additional mechanical barrier in front of the cervix by means of the cellulose (gel-forming substance). The lactic acid contained in the product lowers the vaginal pH value. The increased acidity and the viscosity of the gel inhibit the motility of sperm cells.

The product has been manufactured with this ingredients since 1972. The institute CONRAD (www.conrad.org) could show the effectiveness of Contra
gel®
green in an independent study in 2017.* This study has proven that Contra
gel®
green used together with the Caya® Diaphragm is safe and as effective as Caya® used together with products containing nonoxynol 9.

* Mauck Christine K., Brache Vivian, Kimble Thomas, Thurman Andrea, Cochrane Leila, Littlefield Sarah, Linton Kim, Doncel Gustavo F., Schwartz Jill L., A Phase I Randomized Postcoital Testing and Safety Study of the Caya Diaphragm used with 3% Nonoxynol-9 gel, ContraGel, or No Gel, Contraception (2017)