

Supply and availability:

Caya® is re-usable for two years. Shelf life time is five years.

We could supply your NGO or social marketing activity with consumer packs: Caya® diaphragm in its case, Instruction for use in the local language, packed in a cardboard box for approx. The additional to be used contraceptive gel will be provided in single dose sachets.

How to integrate Caya® into your family planning program?

- 1 We suggest pilot testing Caya® with family planning providers and women in your community to assess uptake and acceptability.
- 2 We can provide education and training materials that can be adapted for country use.
- 3 We can assist with registration of Caya® and Caya® Gel for your country.

Give women the choice for a new hormone-free contraceptive!

Further questions:

Please contact: Martin Kessel
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Studies/References:
1. Mauck C, Lai JJ, Schwartz J, Weiner D, et al. Diaphragms in clinical trials: is clinician fitting necessary? Contraception 2004; 69:263-266. 2. Yang CC, Maravilla K, Kilbourne-Brook M, Austin G, et al. Magnetic resonance imaging of SILCS diaphragm: anatomical consideration and corroboration with clinical fit. Contraception 2007; 76: 238-244. 3. Schwartz J, Ballagh S, Creinin M, et al. SILCS diaphragm: postcoital testing of a new single-size contraceptive device. Contraception 2008; 78:237-244. 4. Schwartz JL et al. Contraceptive Efficacy, Safety, Fit, and Acceptability of a Single-Size Diaphragm Developed With End-User Input. ObstetGynecol 2015. 5. Vessey, M., Wiggins P.: Use effectiveness of the diaphragm in a selected family planning clinic population in the United Kingdom. Contraception 9 (1974) 15-22. 6. Mauck, C, Schwartz, J. et al. A phase I randomised postcoital testing and safety study of the Caya diaphragm used with 3% Nonoxonyl--9 gel, ContraGel or no gel. Contraception 96, (2017) 124 - 130

PATH licensed Caya® contoured diaphragm to KESSEL medintim GmbH.

Manufacturer and distributor:

KESSEL medintim GmbH
64546 Mörfelden-Walldorf
Germany
Tel: +49 (0) 6105 20 37 20
www.medintim.de

Made in Germany

CE 0483
Medical device

FDA approved


MEDintim
personal healthcare

<https://www.facebook.com/cayadiaphragm> 

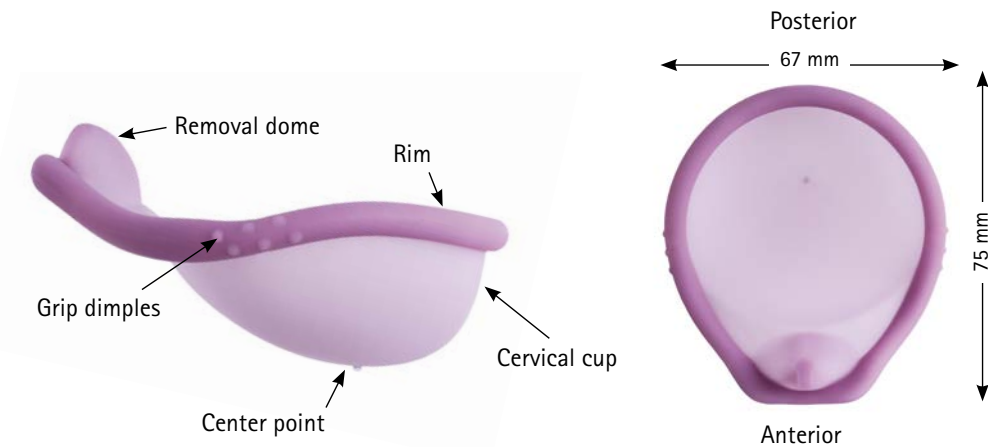
www.caya.eu/en
www.cayadiaphragm.org



Caya® *contoured diaphragm*

Easy to use!
Re-usable for two years!
Hormone free!

The **Caya®** contoured diaphragm is new contraceptive barrier device. It is anatomically and ergonomically shaped and fits a broad range of women.^{1,2,4}



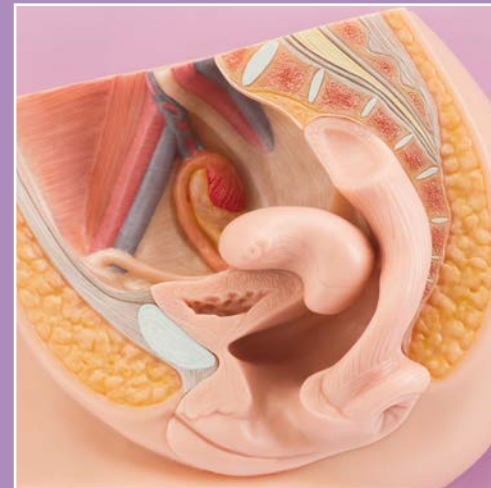
The oval shape is designed to fit the vaginal fornix – one size fits most women.

- **Cervical cup:** extremely thin, covering the cervix completely. Unobtrusive during sexual intercourse.
- **Rim:** soft and flexible to help with insertion; provides stability to guide the **Caya®** deep into the vagina to cover the cervix.
- **Grip dimples:** provide a tactile cue where to squeeze the rim during insertion.
- **Removal dome:** allows for easy removal; a woman's finger can fit under or over the dome to remove the device.
- **Center Point:** palpable center point for a better positioning of the diaphragm.

Caya® contoured diaphragm was developed through a user-centered process to expand women's options for non-hormonal contraception. Feedback from women, men and providers in multiple countries refined its special features. In multiple clinical studies^{2,3,4,6}, women and men have reported **Caya®** is easy to use and acceptable for both partners. The single-size design means **Caya®** is easy to supply and provide.

The **Caya®** diaphragm is as safe and effective as a traditional diaphragm or male condoms. The Kaplan – Meier cumulative 6 month typical use pregnancy probability for **Caya®** was 10.4 per 100 women.⁴

Caya® contoured diaphragm



Indication:

Caya® contoured diaphragm is a contraceptive device for all women who want to use natural and safe contraception.

It is suitable for women:

- who don't want to use hormonal methods
- who don't want to use an IUD
- who are breastfeeding
- who want contraception only when necessary
- who are allergic to latex (male condoms)
- nulliparous and parous women
- who prefer a self controlled reversible method

Safety:

Triple protection:

- Cervical cup: acts as mechanical barrier
- Cellulose in contraceptive gel: additional mechanical cervical barrier

- pH value of 3.8 (lactic acid) viscosity of the gel: inhibiting sperm motility⁶

Studies have demonstrated that the diaphragm is safe all the way from the first use. Ease of use and effectiveness increase with experience the longer and more often a woman uses a diaphragm.^{5,6}

Contraindications:

- six weeks postpartum
- if a diaphragm measuring 60 mm, 85 mm or more has previously been used
- acute or chronic recurrent urinary tract infections
- severe uterine and vaginal prolapse
- Cystocele with loss of the retropubic recess in the vagina
- small or absent pubic arch